



## **CAMINO JOURNEY - WALK 2018**



# **CONCEPT**

The World Trails Network is leading the global trails industry through an annual programme of activities, events and networking opportunities. In celebrating the <u>7th World Trails</u> <u>Conference</u> we have created 3 unique pre-conference networking journeys taking place on the famous Camino de Santiago:

- Camino WALK
- Camino RUN
- Camino CYCLE

Each group will complete a different route and they will all arrive on the same day in Santiago de Compostela for the start of the conference.

This document is for everyone registered to complete the Camino Journey - WALK.

### **Camino Journey Opportunities**

- Meet and network with members of the World Trails Network
- Recognition of completion at World Trails Conference
- Be part of a team that brings flags of the world to Santiago de Compostela
- Certificate of completion of having walked the
- Camino

### **How it Works**

- This is an intent to walk together.
- This means you arrive in Santiago or take a bus from the airport to the start town of Ponferrada or any other town from when you wish to join the group. Arrive in Ponferrada by the evening of the 16 September 2018. See: Transport Options.
- Each team has a lead communications coordinator your leader for this group is Galeo Saintz.
- WhatsApp Group will be created to communicate with everyone via wifi.
- **Budget** You will need to pay your own accomodation and food along the way. Expect to spend €38 per person per day: Pilgrim Accommodation: +/- €10, Food: +/- €25. If you choose other hotel accommodation it could cost per night: +/- €30 - €50. Accommodation List.
- We will arrive in Santiago de Compostela together on the 25 September 2018 in time for the start of the conference the next day.

#### **ITINERARY**

| Date    | Destination   | Distance | Notes  |
|---------|---|----------|--|
| 16 Sept | Travel to Ponferrada from Santiago airport (or Santiago bus station) is by bus: <a href="https://www.alsa.es">www.alsa.es</a> |          | Collect your pilgrims pass.  |
| 17 Sept | Ponferrada and walk to Villafranca  | 24.2km   | Meet the WALK group at the Plaza Virgen de la Encina in the center of the old part of town. It's between the Basilica Virgen de la Encina and the big Templar Castle. Directions  Meet at 7:15am |
| 18 Sept | Villafranca to La Faba  | 23.7km   |  |
| 19 Sept | La Faba to Triacastela  | 25.7km   | Galicia Hostels reserved for 25 people   |
| 20 Sept | Triacastela to Sarria   | 18.7km   | Must arrive by 12:30 in Sarria to get a room.<br>Korean Group and Russian Group, Lebanon<br>Mountain Trail to join here (5).   |
| 21 Sept | Sarria to Portomarin  | 22.0km   |  |
| 22 Sept | Portomarin to Palas de Rei  | 25.2km   |  |
| 23 Sept | Palas de Rei to Melide  | 15.0km   |  |
| 24 Sept | Arzua to Arca   | 19.1km   |  |
| 25 Sept | Arca to Santiago de Compostela  | 20.9km   |  |

#### **CHECK LIST**

| Topic                        | Details and Links  |
|------------------------------|--|
| What to Pack                 | We suggest you go as light as possible.  See this blogs for ideas: <a href="https://herpackinglist.com/2015/02/camino-de-santiago-packing-list/">https://herpackinglist.com/2015/02/camino-de-santiago-packing-list/</a> <a href="https://www.caminoguidebook.com/plan/how-to-pack-for-the-camino">https://www.caminoguidebook.com/plan/how-to-pack-for-the-camino</a>   |
| Refugios                     | We have bookings for 25 people each night during the walk in the public hostels in Galicia - final confirmations will be made in August. These booking start from after La Faba: <a href="http://www.turismo.gal/planifica-a-tua-viaxe/onde-aloxarse?langId=en_US">http://www.turismo.gal/planifica-a-tua-viaxe/onde-aloxarse?langId=en_US</a>   |
| Getting to the Start         | Bus and travel options:  www.alsa.es  Rome 2 Rio Website   |
| More Info                    | Plan your Camino online: http://www.caminodesantiago.gal/es/inicio  A good guide book if needed: https://www.caminoguidebook.com/plan/   |
| Extra Gear /<br>Left Luggage | In case you want to leave extra gear / clothing in Santiago for later use during the conference:  1) Leave extra luggage at the hotel where you are or will be staying in Santiago de Compostela. Most hotels will let you leave bags if you have booked a night at some point. This would be easiest and is usually free.  2) Casa Ivar:  http://www.casaivar.com/luggage-storage-in-santiago-de-compostela/  3) Poste Restante: mail stuff to the Santiago Post office in your name (from anywhere in Spain) and pick it up for free. This is common for people who pack too much and want to lighten their load without abandoning gear on the Camino. https://en.wikipedia.org/wiki/Poste_restante#Spain |

### **VIDEO OF WALK**

We will be making a video of this group walk. We trust everyone will be happy to be interviewed at some point during the walk. It is an opportunity for us to gather our thoughts about trails while walking.

# **QUESTIONS**

If you have any questions about the Camino Journey - WALK, please contact:

Galeo Saintz Email: chair@worldtrailsnetwork.org